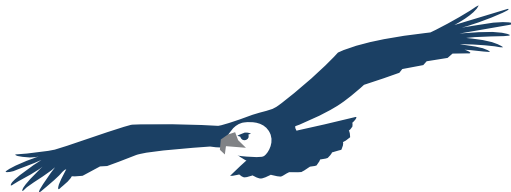


A CULTURE OF ONGOING
INDIVIDUAL GROWTH
IS THE KEY TO SUSTAINED
CORPORATE SUCCESS!



NEUROPRAXION
PERSONAL CHANGE MANAGEMENT SYSTEMS

OPTIMAL Individual GROWTH for Corporate PRODUCTIVITY

NEUROPRACTION® is a radical, life changing process, realising your goals for the attainment of your life's purpose! With NEUROPRACTION® you will know:

- Where to start
- What you want
- How to get there

NEURO = brain PRACTION = practical action

NEUROPRACTION® develops the individual, through sustained action in a unique, managed, value-driven process, towards measured outcomes.

NEUROPRACTION® benefits both the individual and the organisation. Statistics have proven that companies experience increased performance levels as a direct result of boosting individual performance. Motivated employees inspire better quality work and higher productivity.

By implementing NEUROPRACTION® in an organisation, individuals are empowered and become self-motivated. Their interests are aligned to the company's objectives, thus enhancing the organisation's performance.

The NEUROPRACTION® toolset provides you with a development plan for the rest of your life, including:

- Success Journal (*The key to change*)
- Alchemistic Triangle (*Discovering your purpose*)
- Goal setting process (*Driving your purpose*)

NEUROPRACTION® MODULES:

Session 1:

- **The Brain — We All Have One:**
- Mind Mapping, Memory Links, Habits and Associations.

Based on studies of modern brain research, the huge capabilities of the brain become obvious. This workshop removes much of the mystery about how to change established attitudes and behaviour. Without this type of understanding, we tend to repeat the same mistakes. NEUROPRACTION® goes a long way to “making the obscure obvious”. Behaviour change can then become a matter of routine, as a part of any well-planned project. Identification and removal of just a few of the self-limitations we all inherit is often enough to turn mediocre performers into top producers who have learned to think for themselves.

**Neurological
self-awareness is the
most important first
step we can take to
change our lives.**

— John J. Ratey MD.

Author of:

A Users Guide To The Brain

Session 2:

- **Developing your Success Triangle.**
- “There can be motivation in paying the bills!”

A tried and tested, structured workshop that fully answers many important issues which most people struggle with, but seldom master, such as:

- How to convert existing “problems” into your most fulfilling and satisfying achievable challenges.
- Unless goals are “purpose driven”, they are unlikely to be fulfilling. In this workshop, you will learn the commonsense process of developing your own unique purpose (*vision*).

- This is an action-based program and you will start seeing measurable progress towards its attainment almost immediately.
- How to fully re-motivate yourself anytime, no matter what the circumstances.
- How to focus 100% of your energy on your top priorities all of the time.
- How to develop vision and prepare mentally right now for future long-term challenges.
- This lesson also ensures balance in all areas of life. The question of “Do I live to work, or do I work to live” is happily resolved.

Session 3:

- **Implementing your purpose:**
- A unique, individual, value driven, tailor made plan.

This module enables the participant to take the directions established during the previous session and break them down into simple daily action steps, supported by a manageable timetable. Combining this highly structured system with the established direction from lesson two, your priorities are always taken care of. One of the resources that will become extremely valuable when a plan like this is put into place, is time. The average person is totally unaware that they could conceivably double the amount of productive time. This session explains these principles and provides the tools to maximize the most valuable resource we have: time. All participants report measurable and meaningful results within a week of applying the assignments from this section.

Session 4:

- **Taking Ownership.**
- Failure: the most essential ingredient of success.

Why do people put everything into sport for no obvious reward? The same principles that make people use their discretionary energy and participate fully in their favourite sport, can be applied to company objectives. The desire for your company to be Number One will become a personal passion for every participant. Here we also discuss the qualities that lead to personal and business success and how to apply them to your plan.

Session 5:

- **Forming a winning culture.**
- “Understanding the ongoing process we call The Mind will completely alter the way you approach life!”

The majority of courses presented to companies get people all fired up for a while, but inevitably, the books end up on the shelf and the participants return to their old habits ... sometimes with one or two minor changes in place. In this session the reasons for this are made clear and an easily manageable plan is put into place which, when followed, will make ongoing progress and learning a personal habit and part of company culture. In this session, actual clearly defined company objectives are established and all participants will be keen to pull together, but for their own unique reasons established in session two and four. This lesson, above all, ensures that the benefits of NEUROPRACTION® become an ongoing growth process.

LOGISTICS

- The NEUROPRACTION® process changes you (*and your corporate culture*) over a period of five weeks, during one 2 to 3 hour session per week. Most change occurs through action-based projects — homework, to be completed in between sessions.
- NEUROPRACTION® programme is presented on screen (*or a white wall*) using PowerPoint.
- All tools and materials are included.

The neural pathways that we have created to operate our lives, once established, are fixed.

When we consciously alter their significance, we can re-define our destiny, turning apparent setbacks, change and circumstances, to our advantage.

— Denys Boltz,
Founder, Neuropraction

- NEUROPRACTION® is presented at your place of work or at a venue of your choice. The course is presented during or after working hours. The programme is most effective as a tool for positive change when directors, key decision-makers, stakeholders and corporate leaders are present for the duration of the course. All personnel should be invited, without exception. If your organization is too big, the programme can be implemented per division.
- Contact us to learn more or to schedule the presentation of this life-changing programme for your team.
- Telephone: ~~011 391 3390~~ [^](#)
- Cell: 082-2942744
- email: denboltz@xsinet.co.za
- ~~P.O. Box 7907, Birchleigh, 1621~~ [^](#)

WHAT OTHERS SAY ABOUT NEUROPRACTION®

... Since using NEUROPRACTION® we have doubled our profits ... I am in the fortunate position today to be able to hand over the running of my business to my management team.

— **Grant Heymans, Managing Director, Calidus Von Roll Isola**

The fact that it (NEUROPRACTION®) now forms part of my company's culture ... allows significant changes for the better ... at both personal and corporate levels. I have now been able to put my long-term personal plans into action, and have already made significant changes. I have also seen active changes for the better in the attitude of my staff members.

— **Jan Heijnen, Managing Director, Clearline Lightning and Surge Protection**

I found the course very useful in setting goals using the triangle method. One is normally so focused on setting long term goals, and coming nowhere near achieving them, because you do not think about / ignore the "current most pressing problems". I am now tackling each current most pressing problem, and am seeing a difference already. With journaling, I am now managing my time better as well.

— **Navin Sookal, Director: Finance, Pikitup Johannesburg (Pty) Ltd**

The course that you gave us has had a marked and positive impact on our practice. This is in terms of motivation, attitude, productivity and profitability. More importantly, at no risk of exaggeration, I speak not only for myself when I say it has impacted on our lives, giving us direction and self-awareness.

— **Allan Menachemson, Chartered Accountant and Auditor**

Course content was extremely relevant ... Getting people firstly to set goals (personal and business) and then to ensure that those are aligned to the company goals is great! Journaling is a discipline and will be the hardest exercise for me to implement, basically due to an extremely busy schedule, but then one will have to make time for something that can really help you to change!

— **Tony Jacobsen, Managing Director, Endress + Hauser South Africa (Pty) Ltd**

... the Management of our company found the training and commitment from Denys Bolt to NEUROPRACTION® to be nothing short of outstanding. He works tirelessly to ensure that the team ... work together as a unit to achieve better results. I recommend his services with full confidence, as the benefits are priceless.

— **Mark Lilje, Managing Director, RangeGate**

NEUROPRACTION® has given us the tools and ability to improve ourselves and align our personal and business goals. Some of the most important benefits are:

- A weekly open forum to discuss many of our company's goals and issues. This forum allows staff to participate to ensure the success of company initiatives and (*to achieve*) problem resolution.
- A goal orientated lifestyle at work and personally. This ensures input from staff on company direction and employee motivation, as their goals are aligned.
- Increase in general knowledge and awareness of the world through regular book reports and article reviews.

Using the tools established through the NEUROPRACTION® experience requires discipline, but has made a positive impact on our business as a whole.

— **Lynn Van Hacht, General Manager, SA Prometric Thomson Learning (Pty) Ltd**

I would like to start by thanking you for your time and effort towards improving our staff's attitude not only towards themselves, but towards the company as well. Our initial goal, coming into the program, was to develop a team spirit that seemed to have disappeared. However over the few weeks that we did the course, the attitudes in the office have become very different and a lot more positive toward one another.

I would highly recommend the course to any company or individual who would like to achieve a better and easier way of planning and developing themselves.

— **Steve Field, Managing Director, TRS Staffing Solutions**

I am part of a 30 strong team that delivers focused solutions and professional services in the IT industry. (*We*) went through the NEUROPRACTION® course with Mr. Denys Boltz during March / April 2005. The major focus of the course is in the interest of the individual participants and delivers great techniques for individuals to be truly self-motivated. This self-motivation is achieved through people understanding their behaviour, identifying their purpose in life and taking ownership of their areas of responsibility. Through the personal benefits, the course ultimately resulted in great value for my organisation, by:

- Acting as a team-building agent and improving team morale
- People realising that they are achieving their personal goals through the organization
- People adjusting their perception and attitudes towards work, seeing it as a fun, challenging and rewarding experience.

All of this has resulted in staff that are more driven and are prepared to take more initiative.

I also believe that this exercise has and will continue to ensure retention of key staff ... for the right reasons.

— **Mark Rolle, Portfolio Manager, GijimaAST**